



Welcome to The Carrington Arms Restaurant Menu

TIDBITS & STARTERS

- Crispy Whitebait with Tartare Sauce** (DF) - £5.50
- Buffalo & Honey Glazed Chicken Wings with Blue Cheese Sauce** (DFA)(GFA) - £6.00
- Pigs in Blankets with Cranberry Sauce** (DF) - £6.00
- Marinated Olives** (V)(DF)(GF) - Large £3.90 - Small £2.00
- Bread Selection** (V)(DFA)(GFA) For 2 £4.00 or For 4 £6.00
Toasted Breads, SunBlush Tomato & Smoked Garlic Hummus, Marinated Olives
- Baked Camembert** (V)(GFA) - £11.50
Great for 2 to Share - Topped with Truffle, Honey & Rosemary Celery, Grape Chutney, Toasted Ciabatta
- Game Terrine** - £8.50
Pressed Venison, Pheasant & Rabbit, Cherry Ketchup, Pistachio Crumb, Pickled Cherries, Toasted Brioche
- Kedgeree** - £7.50
Smoked Haddock Scotch Egg, Curry Sauce, Spiced Cauliflower, Watercress Pesto
- Goat's Cheese & Beetroot** (V) - £7.50
Salt Baked Beetroot & Onion Tart, Rosary Goat's Cheese, Toasted Walnuts
- The Carrington Deli Carpaccio** (GFA) - £8.00
Seared Bedfordshire Beef Fillet, Charred Cucumber, Filo Brick Pastry, Smoked Mustard Mayonnaise, Dill, Pink Pepper, Shaved Parmesan
- Spiced Squash Soup** (DF)(GF) - £6.50
With Onion & Parsnip Bhajis, Parsnip Crisps
- Braised Ox Cheek Ravioli** - £8.00
With Celeriac, Carrots, Mushroom Consommé, Iced Spring Onion
- Halloumi Fries with Chilli Jam** (V)(GF) - £5.50

MAINS

- Mushroom Risotto** (V)(GF) - £12.50
Wild Mushrooms, Chestnuts, Tarragon, Vegetarian Parmesan Crisps, Truffle Oil
- Roast Turkey** (DFA)(GFA) - £16.50
Roasted Local Turkey - Stuffed with Bacon & Apricot, Potato Terrine, Sautéed Butternut Squash, Sprouts & Bacon, Squash Puree, Cranberry Sauce, Gravy
- Chicken** (GFA) - £15.00
Roasted Chicken Supreme, Celeriac & Apple Mash, Celeriac Fondant, Bacon, Parsnip Crisps, Pickled Apple, Roasting Jus
- Curried Hake** (GFA) - £16.50
Pan-Fried Hake Fillet, Sautéed Potatoes, Roasted-Spiced Cauliflower, Samphire Pakora, Cauliflower Puree, Lemon & Brown Shrimp Butter Sauce
- Bacon, Egg & Chips** (DF)(GF) - £13.50
Grilled Woburn Black Bacon Steak, 2 Fried Cardington Free Range Eggs, Skin-on-Chips
- Sea Trout** (GF) - £16.50
Pan-Roasted Sea Trout Fillet, Horseradish Mash, Roasted Beetroot, Celeriac & Caper Remoulade, Beetroot Puree, Beetroot Oil
- Sausages & Mash** - £9.50
Steak & Bourbon Sausages, Caramelised Red Onion Mashed Potato, Crispy Shallots, Gravy, Watercress
- Squash & Stilton** (V) - £13.50
Butternut Squash & Thomas Hoe Stevenson Stilton Twice Baked Soufflé, Maple Roasted Squash, Squash Puree, Puff Pastry, Pine Nuts, Blue Stilton Sauce, Sage Pesto, Crumbled Blue Stilton, Crispy Sage Leaves

FROM THE GRILL

Due to COVID-19 restrictions we have decided to temporarily remove our meat counter to restrict the movement of too many customers around the restaurant. As an alternative, some of our steaks can now be ordered per ounce at your table.

Dry Aged Bedfordshire Beef Per Ounce



Bourbon Marinated Sirloin (DFA)
Our Signature Marinated Bourbon Sirloin. Prime Local Sirloin Cured in Jack Daniels, Soya Sauce, Black Treacle & Brown Sugar. Cut from the large back muscle attached to the spine, opposite the long thin fillet steak, it has a bigger, beefier flavour than fillet or rib-eye steaks.
Best Served Medium Rare.

£3.09 per oz

Ribeye (GFA)(DFA)
Considered one of the tastiest and most elegantly flavoured of steaks, rib-eye steaks are cut from the main muscle attached to the backbone. The special appeal of rib-eye steaks is that they have a rich marbling of fat throughout them, which gives guaranteed flavour and succulence.
Best Served Medium.

£3.52 per oz

Fillet (GFA)(DFA)
The fillet is a very tender steak muscle which comes from the lower middle of the back and forms part of the sirloin. The fillet muscle is so tender because it does the least work. It is also a very lean cut with little fat running through it, which means it doesn't have quite so much flavour as other steak cuts. **Best Served Rare.**

£3.79 per oz

Minimum of 6oz - Includes 2x Sides or Sauces

Feeling Hungry?
Additional Free Side or Sauce per extra 4oz ordered

SHARING STEAKS

ideal for 2 to share...or for 1...we won't judge

20oz "Braveheart" Rump (GFA)(DFA) £32.00
Those who value flavour above all else tend to choose rump. As the name suggests, it's a cut that comes from the backside of a cow. Best Served Medium Rare

26oz Cote de Boeuf (GFA)(DFA) £59.00
French trimmed, A thick cut between the rib bones, from the prime fore rib. Best Served Medium Rare to Medium (Please allow extra cooking time for this steak)

Served with your choice of 3 free sides or sauces

BURGERS

- All Served on a Toasted Brioche Bun and with Skin-on-Chips
- Add Woburn Black Bacon** - £1.50 **Add A Fried Egg** - £1.50 **Add Grilled Halloumi** - £3.00
- 'The Classic'** (DFA)(GFA) - £13.00
Steak Burger, SunBlush Tomatoes, Red Onion, Mature Cheddar, Woburn Black Bacon, Tomato Relish, Pickled Gherkin
- 'The LumberJack'** (DFA)(GFA) - £14.00
Steak Burger, Pulled BBQ Pork Shoulder, Woburn Black Bacon, Mature Cheddar, Crispy Shallots, Red Onion Chutney, BBQ Sauce
- 'The Greek'** (V)(GFA) - £12.00
Grilled Halloumi, Roasted Field Mushrooms, Baby Spinach, SunBlush Tomatoes, Pickled Gherkin, SunBlush Tomato & Smoked Garlic Hummus

CREAM TEA - Available 9:00am until 5:00pm

Sultana Scone, Clotted Cream, Strawberry Jam (GFA) - £5.50
Served with your choice of Tea, Coffee, Hot Chocolate or Mulled Wine

OTHER MEATS & FISH

| | |
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| Cardington Chicken Supreme (GFA)(DFA) | £12.50 |
| Woburn Black Bacon Steak (GFA)(DFA) | £13.50 |
| Sea Trout Fillet (GFA)(DFA) | £15.50 |
| Hake Fillet (GFA)(DFA) | £15.50 |

Include 2 free sides or sauces

ADDONS

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| Make it a Mixed Grill (DF) <i>Half Woburn Black Bacon Steak, Black Pudding, Steak & Bourbon Sausage, Fried Egg</i> | £6.50 |
| 2x Pigs in Blankets (DF) | £2.00 |
| Cumberland Sausage (DF) | £2.00 |
| Steak & Bourbon Sausage (DF) | £2.00 |
| Grilled Halloumi Cheese (V)(GF) | £3.00 |
| Fried Cardington Free Range Egg (V)(GF)(DF) | £1.50 |

ON THE SIDE

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| Field Mushroom & Roasted Tomato (V)(GF)(DF) | £3.50 |
| Skin-on-Chips (V)(GFA)(DF) | £3.50 |
| Ale Battered Onion Rings (V)(DF) | £3.50 |
| Caramelised Red Onion Mashed Potato (V)(GF) | £3.50 |
| Pulled BBQ Pork Shoulder Mac & Cheese | £3.50 |
| Maple Roasted Root Vegetables (V)(GF)(DFA) | £3.50 |
| Baby Spinach, Cauliflower, Sprouts (V)(GF)(DFA) | £3.50 |
| Rocket, SunBlush Tomatoes, Red Onion, Vegetarian Parmesan, Balsamic Dressing (V)(GF)(DFA) | £3.50 |

SAUCES

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| Trio of Peppercorn (GF) | £1.50 |
| Béarnaise (V)(GF) | £1.50 |
| Confit Garlic & Rosemary Butter (V)(GF) | £1.50 |
| Stilton & Pancetta (GF) | £1.50 |

SANDWICHES

- Served with Skin-on-Chips
- Mature Cheddar Focaccia** (V)(GFA) - £7.00
SunBlush Tomatoes, Red Onion Chutney, Baby Spinach
- Bedfordshire Steak Ciabatta** (DFA)(GFA) - £9.50
Béarnaise, Watercress
- Christmas Ciabatta** (DF) - £10.50
Local Turkey, Stuffing, Woburn Black Bacon, Baby Spinach, Cranberry
- Smoked Salmon & Prawn Focaccia** (DF)(GFA) - £8.50
Baby Spinach, Marie Rose Sauce

MINCE PIES - Available 9:00am until 9:00pm

2x Deep Fill Mince Pies (GFA) - £5.50
Served with your choice of Tea, Coffee, Hot Chocolate or Mulled Wine

DESSERTS

- Peanut Cheesecake** (V) - £6.95
With Banana Caramel, Brandy Snap, Roasted Peanuts, Chocolate Oil
- Lemon Tart** (V) - £6.95
With Limoncello Sorbet, Lemon Zest & Pine Nut Clusters, Gingerbread Crumb
- Sticky Toffee** (V) - £6.95
Sticky Toffee Pudding, Butterscotch Sauce, Toffee Popcorn, Salted Almond Caramel Ice Cream
- Chocolate Orange** (V)(GFA) - £6.95
Dark Chocolate Mousse, Orange & Polenta Cake, Creme Patisserie, Chocolate Nest, Blood Orange & Clementine Granita
- Christmas Pudding** (V) - £6.00
With Orange Scented Custard
- Raspberry Ripple** (GF) - £6.95
Raspberry Parfait, White Chocolate Mousse, Shortbread, White Chocolate Crisp, Raspberry Coulis, Candy Floss, Honeycomb
- Local Ice Creams & Sorbets From The Willen Ice Cream Company**
- £1.95 per scoop
Salted Almond Caramel Ice Cream (V)(GF)
Christmas Pudding Ice Cream (V)
Organic Madagascar Vanilla Ice Cream (V)(GF)
Dark Chocolate Sorbet (V)(GF)(DF)
Limoncello Sorbet (V)(GF)(DF)
Passionfruit Sorbet (V)(GF)(DF)



BRITISH CHEESE (V)(GFA)

From The Bedford Cheese Company
Crackers, Grapes, Celery, Red Onion Chutney
(Gluten Free Option Served With Gluten Free Bread)
3 for £9.50 - 5 for £12.00 - £3.50 Each



Shropshire Blue
It is a semi-firm blue cheese described as a cross between Stilton and Cheshire. In a period of 10-12 weeks, it forms an orange-brown, natural rind and smooth texture. With a sharp, strong flavour and a tangy aroma.

Cornish Brie
Delicious mild and creamy flavour and melting, smooth texture. The rich and creamy Cornish milk gives it a characteristic yellow, buttery colour.

Sussex Cheddar
A marriage of the production methods of a traditional creamy farmhouse cheddar with that of a traditional zingy parmesan. A cheese unlike any other.

Stinking Bishop
Full fat pasteurised cows' milk soft cheese made with vegetarian rennet. Washed in perry which gives it its characteristic flavour, brown/pink rind & pungent smell.

Guest Cheeses - Please see "Say Cheese" list for today's selection.

DESSERT WINES

| | 125ml Glass | 1/2 Bottle |
|--|-------------|------------|
| Quady Winery, Essensia, Orange Muscat, <i>California</i> | £6.00 | £17.00 |
| Quady Winery, Elysium, Black Muscat, <i>California</i> | £6.00 | £17.00 |
| Saint Clair, Nobel Riesling, <i>New Zealand</i> | £12.50 | £36.00 |

PORTS

| | 50ml Glass |
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| Quady Winery, "Starboard" Batch 88 <i>California</i> | £3.00 |
| Barros Late Bottle 2013 Vintage | £3.50 |
| Barros 10 Year Old Tawny | £4.00 |
| Barros 1995 Vintage | £7.00 |
| Barros 1978 Vintage "Colheita" <i>Tawny Port from a Single Vintage</i> | £10.00 |

Open 7 Days a Week until 11:00pm
(Last Orders 10:00pm)

(GF) Gluten Free - (GFA) Gluten Free Option Available - (DF) Dairy Free - (DFA) Dairy Free Option Available
(V) Vegetarian

If you require further information on the allergen content of our foods, please ask a member of staff and they will be happy to help

The Carrington Arms, Cranfield Road, Moulsoe, Newport Pagnell, MK16 0HB www.thecarringtonarms.co.uk Tel: 01908 218050