

The Dodman Family Welcomes You To

The Carrington Arms The Restaurant Menu



Meet our Meat (& Veg)

We Are Immensely Proud to Serve
Award Winning Local Produce From Across Bedfordshire

Other Producers Which Didn't Fit on the Map:

- T. Beazley and Son, Bartlemas Farm Pavenham (Beef)
- Cross Keys Farm, Dagnall, Near Whipsnade (Pork)
- J. Polhill Farm, Renhold (Lamb)
- Manor Farm, Harold (New Season Lamb)

- Anthony Rowcliffe & Son (Cheese)
- Trumpetons Farm, Sandy (Game)
- Model Farm, Leighton Buzzard (Beef)
- Wodehill, Odell (Artisan Cheesemakers)

BRITISH TIDBITS & SHARING

Marinated Olives (V) (DF) (G)
Large - £3.50 Small - £2.00

Crispy Whitebait £5.50 (DF)
With Tartare Sauce

Mussels £6.00 (GFA)

White Wine & Garlic Native Mussels, Toasted Artisan Bread

Artisan Bread Selection (V) (GFA) (DFA)

For 2 £4.00 For 4 £6.00

Homemade Toasted Breads, Roasted Red Pepper Hummus, Marinated Olives, Artisan Butter

Meat Board £20.00

Pulled Cross Key Farm Pork Shoulder, Steak & Bourbon Sausage, Smoked Venison, Black Pudding,
Cumberland Sausage, Chicken & Bacon Terrine, Grilled Halloumi, Beef Chilli,
Mini Caesar, Celery & Radish Slaw, Garlic, Artisan Bread

Seafood Board £20.00

Crispy Whitebait, Trio of Smoked Fish (Salmon, Halibut, Tuna), Rollmop Herring, Smoked Haddock Scotch Egg,
Salad of Watercress, Marsh Samphire, Pickled Cucumber, Herb Oil
Garlic Mussels, Artisan Bread, Tartare Sauce

Add 2x Lyme Bay King Scallops £5.00

Add 2x Tiger Prawns £3.00

Baked Camembert £11.00 (V) (GFA)

Garlic & Rosemary Stuffed & Baked Whole Camembert, Bread Crostini,
Red Onion Chutney, Pickled Apple

TO START

Carpaccio (GFA) (DFA) (C) £8.50

Seared Bedfordshire Beef Fillet, Pecorino, Shallot Puree, Rocket, Crispy Shallots, Balsamic Reduction, Croutons

Kedgeree £8.50

Smoked Haddock Scotch Egg, Seared Lyme Bay Scallop, Curry Sauce, Watercress,
Curried Popcorn, Watercress Dressing

Broccoli & Stilton (GFA) (C) (V) £6.50

Broccoli & Colston Basset Blue Stilton Soup, Red Onion & Stilton Toastie

Ham & Piccalilli (C) (GFA) (DFA) £7.00

Smoked Ham Hock & Chorizo Terrine, Mustard Crème Fraiche, 'Piccalilli' Vegetables, Chorizo Crumb, Croutons

Goat's Cheese & Beetroot (GFA) (C) (V) £7.50

Rosary Herb Goat's Cheese Mousse, Roasted Beetroot, Beetroot Puree, Toasted Brioche, Pickled Apple,
Toasted Walnuts, Beetroot & Balsamic Dressing

Shellfish & Cucumber (GFA) £8.50

Pan-Fried Tiger Prawns, Devonshire Crab Crème Fraiche, Compressed Cucumber, Lemon Puree,
Sorrel & Cucumber Sauce, Feuille de Brick Pastry

(G) Gluten Free – (GFA) Gluten Free Option Available – (V) Vegetarian – (DF) Dairy Free - (DFA) Dairy Free Option Available
(C) Children's Option Available (Starter-£4.00, Main-£6.50, Dessert-£4.00)

If you require further information on the allergen content of our foods
please ask a member of staff and they will be happy to help to

FOR MAIN COURSE

Roast Chicken (GFA) (C) £15.00

Roasted Cardington Chicken Breast, Spice-Fried Chicken Leg, Fondant Potato, Crispy Carrot, Carrot Puree, Cavolo Nero, Chicken Roasting Jus

Sea Bass (G) (C) £15.50

Pan-Roasted Sea Bass Fillets, Fondant Potato, Buttered Kale, Marsh Samphire, Shellfish Bisque, Mussels, Parma Ham Crisp

Spiced Halloumi

(V) (VEA – Sub Halloumi for Extra Dumplings) (G) (C) £9.50

Grilled Halloumi, Spiced Puy Lentil Stew, Chickpea Dumplings, Root Vegetable Crisps
Crispy Kale, Beetroot & Balsamic Dressing

Pork (GFA) (C) £15.50

Cider Roasted Cross Key Farm Pork Belly, Pork Loin, Pancetta, Black Pudding Mash, Cavolo Nero & Bacon, Apple & Sage Jelly, Somerset Cider Brandy & Pork Sauce

Cod (GFA) (C) £15.50

Pan-Roasted Cod Fillet, Lemon Thyme Pomme Puree, Smoked Cod & Devonshire Crab Cakes, Black Olive Tapenade, Grilled Baby Gem Lettuce, Roasted Red Pepper Emulsion, Watercress Dressing

Gnocchi (V) (C) £10.50

Walnut & Gorgonzola Filled Potato Gnocchi, Pan-Fried Mushrooms, Rocket, Toasted Walnuts, Mushroom & Truffle Butter

ON THE SIDE

Skin-on-Chips (Please note our chips are cooked in the same oil as Fish & Gluten Containing Products)	(G) (DF) (V)	£3.50
Scallion Mash (Mashed Potato with Leeks, Spring Onions & Chives)	(G) (V)	£3.50
Dauphinoise Potatoes	(V)	£3.50
Black Bacon Macaroni Cheese		£3.50
Baby Gem, Garden Herb & Pickled Cucumber Salad	(G) (DF) (VE)	£3.50
Rocket, Plum Tomato & Red Onion Salad	(G) (DF) (VE)	£3.50
Roasted Portobello Mushrooms	(G) (DF) (VE)	£3.50
Wilted Spinach, Garden Peas, Cavolo Nero, Sprouting Broccoli, Roasted Carrots	(G) (DFA) (VEA)	£3.50

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THE COUNTER & GRILL

Please Be Aware The Counter Is Only Available For Inside Diners.
For Outside Dining Please See Reverse Of The 'British Classics' Menu.

The Carrington Arms has been famous for its Meat Counter over many years & we carry on this tradition. A member of our waiting team will show you to the counter where a Chef will help you with your selection.

21 DAY DRY AGED BEDFORDSHIRE BEEF

Rump (G)	£7.50	Per 100g/3.57oz
Sirloin (G)	£8.50	Per 100g/3.57oz
Ribeye (G)	£10.00	Per 100g/3.57oz
Fillet (G)	£12.50	Per 100g/3.57oz
Bourbon Marinated Sirloin	£9.00	Per 100g/3.57oz

CHOOSE ONE FREE SIDE OR SAUCE PER 100g OF STEAK ORDERED
(Cheapest Side Free)

TRADITIONAL STEAK GARNISH COUNTS AS TWO SIDES

OTHER SPECIALITY MEATS

Honey Cured Gammon Steak (7oz) (G)	£11.50	Each +2 Sides
Cardington Chicken Breast (G)	£11.50	Each +2 Sides
Cumberland Sausage	£2.00	Each
Steak & Bourbon Sausage	£2.00	Each

SEAFOOD

2x Tiger Prawns (G)	£3.00	For 2
2x Lyme Bay King Scallops (G)	£5.00	For 2
Cod Fillet 180g (GFA)	£15.00	Each +2 Sides
White Wine & Garlic Native Mussels with Toasted Artisan Bread (GFA)	£6.00	Pint

ON THE SIDE

Traditional Steak Garnish (Skin-on-Chips, Portobello Mushroom & Grilled Plum Tomato) (G) (DF) (V)	£5.00
Skin-on-Chips (G) (DF) (V)	£3.50
(Please note our chips are cooked in the same oil as Fish & Gluten Containing Products)	
Scallion Mash (Mashed Potato with Leeks, Spring Onions & Chives) (G) (V)	£3.50
Dauphinoise Potatoes (V)	£3.50
Black Bacon Macaroni Cheese	£3.50
Baby Gem, Garden Herb & Pickled Cucumber Salad (G) (DF) (V)	£3.50
Rocket, Plum Tomato & Red Onion Salad (G) (DF) (V)	£3.50
Roasted Portobello Mushrooms (G) (DF) (V)	£3.50
Wilted Spinach, Garden Peas, Cavolo Nero, Sprouting Broccoli, Roasted Carrots (G)(DFA)(V)	£3.50
Fried Cardington Egg (G) (DF) (V)	£1.50

SAUCES

Peppercorn	£2.25
Colston Basset Stilton & Mushroom (G) (V)	£2.25
Béarnaise (G) (V)	£2.25
Garlic Butter (G) (V)	£2.25

FOR DESSERT

Plum Bakewell ^(C) £6.50

Plum Bakewell Tart, Almond & Caramel Ice Cream, Poached Plum, Plum Puree, Almond Brittle

Lemon Meringue ^(GFA) ^(C) £6.50

Set Lemon Curd, Italian Meringue, Blackberry Sorbet, Blackberries, Meringue Shards, Blackcurrant Jelly, Feuille de Brick Pastry, Dandelion & Burdock Sherbet

Chocolate & Pistachio ^(C) £6.50

Pistachio & Olive Oil Cake, Dark Chocolate Mousse, Poached Pear, Chocolate Soil, Candied Pistachios, Pear Puree, Pistachio Ice Cream

Raspberry Ripple ^(GFA) ^(C) £6.50

Raspberry Parfait, White Chocolate Mousse, Shortbread, White Chocolate Crisp, Candy Floss, Honeycomb

Sticky Toffee ^(C) £6.50

Sticky Toffee Pudding, Caramel Ice Cream, Butterscotch Sauce, Toffee Popcorn

Ice Cream ^(GFA) £1.50 per scoop

Vanilla Ice Cream, Caramel Ice Cream, Banana & Butterscotch Ice Cream, Hazelnut Gelato, Lemon Sorbet, Mango & Passionfruit Sorbet

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DESSERT WINES

125ml Glass ½ Bottle

Quady Winery, Essensia, Orange Muscat, <i>California</i>	£6.00	£17.00
Quady Winery, Elysium, Black Muscat, <i>California</i>	£6.00	£17.00
Noble Riesling, Saint Clair, <i>New Zealand</i>	£12.50	£36.00

COFFEE

Filter/Decafe	£2.50
Latte	£3.00
Hot Chocolate	£3.00
Cream Floater	£3.50
Cappuccino	£3.00
Espresso	£2.00
Double Espresso	£2.50

TEA

English Breakfast Tea	£2.50
Earl Grey	£2.50
Green Tea	£2.50
Peppermint	£2.50
Cranberry & Raspberry	£2.50
Camomile	£2.50

LIQUEUR COFFEE

Irish (Irish Whiskey)	£5.00
Parisienne (Brandy)	£5.00
Calypso (Tia Maria)	£5.00
Highland (Scotch Whisky)	£5.00
Italian (Amaretto)	£5.00
Baileys Latte	£5.00
Seville (Cointreau)	£5.00
Skye (Drambuie)	£5.00
Russian (Vodka)	£5.00
Jamaican (TiaMaria & Rum)	£5.00

SOYA MILK AVAILABLE ON REQUEST

BRITISH CHEESE

Please Select From The Cheeses Below Served With Bread Crostini, Pickled Apple & Onion Chutney
(Can Also Be Served With Gluten Free Bread)
3 For £8.00, 5 For £11.00, Or £3.00 Each

Barbers 1833 Vintage Cheddar

This Cheese Represents The Achievement Of 6 Generations Of Cheese Making.
Matured For 24 Months, A Delicious Creamy Cheese With Both Savoury & Naturally Sweet Notes

Chatel

Named After The Cornish For Cattle, This Camembert Type Cheese Is Mild & Creamy With Delicate Milky Flavours. As It Matures, The Cheese Develops A Golden Straw-Coloured Body & Velvety Texture

Colston Basset Blue Stilton

Handmade Fine, Bark-Like Natural Rind & Ample Blue Veining.
World Cheese Awards 'Best Blue' 'Best Stilton' & Best English Cheese'. Put Simply, The Best Stilton In The World!

Oxford Blue

All Full Fat Semi-Soft Blue Cheese, Creamy & Sharp Clean Flavour, An English Rival To Gorgonzola & Dolcelatte

Rosary Herb Goat's Cheese

Produced By The Moody's Near Salisbury In Wiltshire, Fresh, Creamy Soft Cheese, Light Mousse-Like Texture.
Sprightly Lemon Taste With A Garlic & Herb Coating

Yorkshire Wensleydale with Cranberries

Creamy, Crumbly & Full Of Flavour, Carefully Combined With The Delicate Fruity Succulence Of Pure, Sweet Cranberries. An Original Creation From The Wensleydale Creamery

Stinking Bishop

Made In Gloucester From Cow's Milk & Washed With Pear Cider. This Is The English Answer To 'Epoisse', Creamy In Texture But Full Flavoured

Red Devil

Silver Winner At The World Cheese Awards, Made By The Snowdonia Cheese Company,
Red Leicester With Chillies & Crushed Black Pepper

Caerphilly - Gorwydd

Traditionally Handmade By Trethowan's Dairy & Matured To Enhance The Lovely Full-Cream Texture With A Distinctive Tangy Flavour. It Has A Creamy Outer Layer Near The Rind & A Crumbly Citrus Flavoured Centre

Lord London

Made By Alsop & Walker, A Semi-Soft Bell Shaped Cheese, Clean Citrus Tasting With A Natural Creaminess.
Edible Skin With A Light White Dusting, Made From Pasteurised Cow's Milk.

PORTS	50ml	Bottle
Quady Winery, <i>California</i> , 'Starboard' Batch 88	£3.00	£35.00
Barros Late Bottle 2011 Vintage	£3.50	£45.00
Barros 10 Year Old Tawny	£4.00	
Quady Winery, <i>California</i> , 'Starboard' 1996 Vintage	£4.00	
Barros 1978 Vintage 'Colheita' (Tawny Port from a Single Vintage)	£10.00	

COGNAC & BRANDY

Leyrat Glory Extra	£29.00
Hennessy XO	£12.50
Chateaux du Tariquet Armagnac XO	£5.00
Hine Rare VSOP	£4.50
Somerset Cider Brandy 15yo	£4.50
Remy Martin VSOP	£3.80
Janneau Armagnac VSOP	£3.60
Somerset Cider Brandy 5yo	£3.00
Courvoisier VS	£2.80

R U M

Deadhead – 6yo	£5.50
Plantation XO Barbados 20 th An.	£4.50
Angostura 1919 – 8yo	£3.50
The Kraken Black Spiced	£2.70
Sailor Jerry Spiced	£2.50
Captain Morgan Spiced	£2.50
Captain Morgan Original	£2.50
Mount Gay Eclipse	£2.50

G I N

Monkey 47 Black Forest Dry	£5.20
Four Pillars Bloody Shiraz	£4.50
Williams Chase Elegant Crisp	£4.00
Hendricks	£4.00
Masons Dry Yorkshire	£4.00
Slingsby Rhubarb	£4.00
Williams Chase Pink Grapefruit	£4.00
Gin Mare	£4.00
Boutique-y Gin Spit-Roasted Pineapple	£4.00
Wrecking Coast Cornish Clotted Cream	£4.00
Hepple	£3.70
Daffy’s Small Batch Premium	£3.70
Silent Pool - Alberly Estate Surrey Hills	£3.70
Tarquin’s Handcrafted Cornish	£3.70
The Botanist Islay Dry	£3.50
Brockman’s Intensely Smooth	£3.50
Sipsmith London Dry	£3.50
Poetic License Picnic Gin	£3.50
Little Bird London Dry	£3.50
Bloom London Dry	£3.50
Pinkster (Hint of Raspberry)	£3.50
Tanqueray No. 10	£3.50
Bathtub (Ultra-Small Batch)	£3.50
Caorunn Small Batch	£3.00
Warner Edwards Elderflower	£3.00
Plymouth Sloe	£3.00
Whitley Neill London Dry	£2.70
Blackwoods 2012 Vintage Dry	£2.70
Bombay Sapphire	£2.70
Gordons	£2.50

V O D K A

Crystal Head	£4.20
Belvedere	£3.60
Grey Goose	£3.60
Chase English Oak Smoked	£3.60
Smirnoff	£2.50

W H I S K (E) Y

Johnnie Walker Blue Label	
Glen Scotia 18yo	
Chivas Regal 18yo	
Springbank 15yo	
Nikka From The Barrel	
Lagavulin 16yo	
Dalmore 15yo	
Willett’s Pot Still Reserve	
Woodford Reserve	
Jack Daniels Single Barrel	
Hakushu Distiller’s Reserve	
Glengoyne 15yo	
Oban 14yo	
Auchentoshan Three Wood	
Glennfiddich IPA Cask Finish NV	
Haig Club NV	
Glenfarclas 15yo	
Caol Ila 12yo	
Big Peat	
Dalwhinnie 15yo	
Ardbeg 10yo	
The Macallan Gold NV	
The Balvenie 12yo	
Bowmore 12yo	
The Singleton 12yo	
Glenfiddich 12yo	
Ledaig 10yo	
Glenkinchie 12yo	
Highland Park 12yo	
Smokehead NV	
The English Whisky Co. - Classic	
Talisker 10yo	
The Pogues – West Cork Dist.	
Knockando 12yo	
Fettercairn Fasque NV	
The One – The Lakes Distillery	
Glenmorganie The Original 10yo	
Old Pluteney 12yo	
Jura Origin 10yo	
Johnnie Walker Black Label	
Monkey Shoulder Batch 27	
Buffalo Trace	
Jack Daniels Honey	
Jameson’s	
Famous Grouse	
Jack Daniels	

Blended	£15.00
Campbeltown	£7.20
Blended	£5.70
Campbeltown	£5.50
Japanese	£5.20
Islay	£5.20
Highland	£5.20
Bourbon	£5.20
Bourbon	£5.00
Sour Mash	£4.60
Japanese	£4.60
Highland	£4.60
Highland	£4.60
Lowland	£4.50
Speyside	£4.50
Lowland	£4.50
Highland	£4.50
Islay	£4.50
Blended Islay	£4.00
Highland	£4.00
Islay	£4.00
Highland	£4.00
Speyside	£3.80
Islay	£3.80
Speyside	£3.80
Speyside	£3.80
Island	£3.80
Lowland	£3.80
Island	£3.80
Islay	£3.70
English	£3.70
Island	£3.70
Irish	£3.70
Speyside	£3.70
Highland	£3.50
Blended	£3.50
Highland	£3.30
Highland	£3.30
Island	£3.30
Blended	£3.30
Blended	£3.00
Bourbon	£3.00
Sour Mash	£2.70
Irish	£2.70
Blended	£2.70
Sour Mash	£2.70

L I Q U E R S

Grande Absente	£4.20
Olmecca Gold Tequila	£3.00
El Espolòn Blanco Tequila	£3.00
Sambuca	£3.00
Raspberry Sambuca	£3.00
Jägermeister	£3.00
Firefly Apple Pie Moonshine	£2.50
Archers	£2.70
Malibu	£2.70
Grand Marnier	£3.00
Drambuie	£3.00
Maple Syrup & Bourbon Liqueur	£3.30
Baileys (50ml)	£3.30
Cointreau	£3.00
Southern Comfort	£2.70
Disaronno Amaretto	£2.70
Tia Maria	£2.70

