

The Dodman Family Welcomes You To

The Carrington Arms The Restaurant Menu



Meet our Meat (& Veg)

We Are Immensely Proud to Serve
Award Winning Local Produce From Across Bedfordshire

Other Producers Which Didn't Fit on the Map:

- T. Beazley and Son, Bartlemas Farm Pavenham (Beef)
- Cross Keys Farm, Dagnall, Near Whipsnade (Pork)
- J. Polhill Farm, Renhold (Lamb)
- Manor Farm, Harold (New Season Lamb)

- Anthony Rowcliffe & Son (Cheese)
- Trumpetons Farm, Sandy (Game)
- Model Farm, Leighton Buzzard (Beef)
- Wodehill, Odell (Artisan Cheesemakers)

BRITISH TIDBITS & SHARING

Artisan Bread Selection (V) (GFA) (DFA)

For 2 £4.00 For 4 £6.00

Homemade Toasted Breads, Roasted Red Pepper Hummus, Marinated Olives, Artisan Butter

Meat Board £18.00

Pulled Cross Key Farm Pork Shoulder, Steak & Bourbon Sausage, Smoked Venison, Black Pudding, Cumberland Sausage, Smoked Ham Hock & Chorizo Terrine, Buffalo Mozzarella, Beef Chilli, Mini Caesar, Black Olive Focaccia, Celery & Radish Slaw

Seafood Board £18.00

Crispy Whitebait, Smoked Salmon, Trio of Smoked Fish (Salmon, Halibut, Tuna), Tiger Prawns, Smoked Haddock Scotch Egg, Salad of Watercress, Rocket, Pickled Cucumber, Sun-Blush Tomatoes, Herb Oil Baby Gem & Dressed Crab, Artisan Bread, Marie Rose Sauce

Add 2x Lyme Bay King Scallops £5.00

Add 2x Tiger Prawns £3.00

Baked Camembert £11.00 (V) (GFA)

Garlic & Rosemary Stuffed & Baked Chatel (Cornish Camembert), Bread Crostini, Onion Chutney, Pickled Apple

TO START

Steak Tartare (GFA) (C) £8.00

Bedfordshire Beef Fillet Tartare, Confit Egg Yolk, Horseradish Crème Fraiche, Apple, Toasted Walnut, English Mustard, Bread Crostini

Kedgeriee £8.50

Smoked Haddock Scotch Egg, Seared Lyme Bay Scallop, Curry Sauce, Watercress, Curried Popcorn

Camembert Fritter (C) (V) £7.50

Chatel Pané (Cornish Camembert in Breadcrumbs), Red Onion Salsa, Bread Stick, Cranberry Gel, Watercress

Ham & Piccalilli (C) (GFA) (DFA) £7.50

Smoked Ham Hock & Chorizo Terrine, Mustard Crème Fraiche, 'Piccalilli' Vegetables, Chorizo Crumb, Croutons

Asparagus & Beetroot (V) £7.50

Grilled Asparagus, Crispy Egg, Beetroot Carpaccio, Peas, Broad Beans, Roasted Beetroot, Pea Shoots, Asparagus & Chervil Puree, Beetroot Oil

Prawn Cocktail (GFA) (C) (DFA) £8.50

Pan Fried Tiger Prawns, Devonshire Crab, Crayfish Popcorn, Grilled Cucumber, Sun-Blush Tomatoes, Baby Gem Lettuce, Marie Rose Dressing

(G) Gluten Free – (GFA) Gluten Free Option Available – (V) Vegetarian – (DF) Dairy Free - (DFA) Dairy Free Option Available
(C) Children's Option Available (Starter-£4.00, Main-£6.50, Dessert-£4.00)

If you require further information on the allergen content of our foods
please ask a member of staff and they will be happy to help to

FOR MAIN COURSE

Roast Chicken (G)(C) £15.00

Roasted Cardington Chicken Supreme, "Chicken, Bacon & Leek Stuffing", Roasted Root Vegetables, Butternut Squash Puree, Chicken Roasting Jus

Sea Bass (G)(DFA)(C) £14.00

Pan-Roasted Sea Bass Fillet, Roasted New Potatoes, Mango & Chilli Salsa, Buttered Rainbow Chard, Roasted Vine Cherry Tomatoes, Lemon Butter

Grilled Halloumi (V)(GFA)(C) £9.00

Grilled Halloumi, Pumpkin Fritters, Roasted Beetroot, Root Vegetable Crisps, Celery & Radish Slaw, Beetroot & Balsamic Dressing

Duck (GFA) £17.00

Pan-fried Duck Breast, Chervil & Chive Crushed New Potatoes, Confit Duck Leg Croquettes, Beetroot Puree, Buttered Rainbow Chard, Cherry & Port Reduction

Bacalhau Com Natas (GFA)(C) £15.50

(Inspired By A Traditional Portuguese Dish)

Herb Crusted - Lemon Marinated Cod Fillet, Cod, Vintage Cheddar & Potato Bake, Cod & Parsley Beignets, Smoked Haddock & Spinach Velouté, Pickled Vegetables, Lord of the Hundreds Tuile, Balsamic Dressed Salad

Gnocchi (V)(C) £10.50

Pan-fried Tomato & Basil Filled Potato Gnocchi, Buffalo Mozzarella, Rocket & Basil Pesto, Semi Dried Tomatoes, Micro Basil, Toasted Pine Nuts

ON THE SIDE

Skin-on-Chips <small>(Please note our chips are cooked in the same oil as Fish & Gluten Containing Products)</small>	£3.50
Herb Crushed New Potatoes	(DF) (G) (V) £3.50
Dauphinoise Potatoes	(V) £3.50
Black Bacon Macaroni Cheese	£3.50
Baby Gem, Garden Herb & Pickled Cucumber Salad	(G) (DF) (V) £3.50
Rocket, Plum Tomato & Red Onion Salad	(G) (DF) (V) £3.50
Roasted Portobello Mushrooms	(G) (DF) (V) £3.50
Wilted Spinach, Garden Peas, Roasted Parsnips Sprouting Broccoli, Roasted Carrots	(G) (DFA) (V) £3.50

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THE COUNTER & GRILL

Please Be Aware The Counter Is Only Available For Inside Diners.
For Outside Dining Please See Reverse Of The 'British Classics' Menu.

The Carrington Arms has been famous for its Meat Counter over many years & we carry on this tradition. A member of our waiting team will show you to the counter where a Chef will help you with your selection.

21 DAY DRY AGED BEDFORDSHIRE BEEF

Rump (G)	£7.50	Per 100g/3.57oz
Sirloin (G)	£8.50	Per 100g/3.57oz
Ribeye (G)	£10.00	Per 100g/3.57oz
Fillet (G)	£12.50	Per 100g/3.57oz
Bourbon Marinated Sirloin	£9.00	Per 100g/3.57oz

CHOOSE ONE FREE SIDE OR SAUCE PER 100g OF STEAK ORDERED
(Cheapest Side Free)
TRADITIONAL STEAK GARNISH COUNTS AS TWO SIDES

OTHER SPECIALITY MEATS

Honey Cured Gammon Steak (7oz) (G)	£11.50	Each +2 Sides
Cardington Chicken Breast (G)	£11.50	Each +2 Sides
Cumberland Sausage	£2.00	Each
Steak & Bourbon Sausage	£2.00	Each

SEAFOOD

2x Tiger Prawns (G)	£3.00	For 2
2x Lyme Bay King Scallops (G)	£5.00	For 2
Cod Fillet 180g (G)	£15.00	Each +2 Sides

ON THE SIDE

Traditional Steak Garnish (Skin-on-Chips, Portobello Mushroom & Grilled Plum Tomato)	£5.00
Skin-on-Chips (Please note our chips are cooked in the same oil as Fish & Gluten Containing Products)	£3.50
Herb Crushed New Potatoes (G) (DF) (V)	£3.50
Dauphinoise Potatoes (V)	£3.50
Black Bacon Macaroni Cheese	£3.50
Baby Gem, Garden Herb & Pickled Cucumber Salad (G) (DF) (V)	£3.50
Rocket, Plum Tomato & Red Onion Salad (G) (DF) (V)	£3.50
Roasted Portobello Mushrooms (G) (DF) (V)	£3.50
Wilted Spinach, Garden Peas, Roasted Parsnips, Sprouting Broccoli, Roasted Carrots (G)(DFA)(V)	£3.50
Fried Cardington Egg (G) (DF) (V)	£1.50

SAUCES

Peppercorn	£2.25
Colston Basset Stilton & Mushroom (G) (V)	£2.25
Béarnaise (G) (V)	£2.25
Garlic Butter (G) (V)	£2.25

FOR DESSERT

Banoffee Brûlée (G) (C) £6.00

Toffee & Banana Cambridge Burnt Cream (Crème Brûlée), Caramelised Banana, Banana & Butterscotch Ice Cream

Lemon Meringue (GFA) (C) £6.50

Set Lemon Curd, Italian Meringue, Blackberry Sorbet, Fresh Blackberries, Meringue Shards, Blackcurrant Jelly, Feuille de Brick Pastry, Dandelion & Burdock Sherbet

Black Forest (C) £6.50

Warm Chocolate Brownie, Cherry Ice Cream, Macerated Berries, Chocolate Soil, Chantilly Cream, Chocolate Crisp

Raspberry Ripple (GFA) (C) £6.50

Raspberry Parfait, White Chocolate Mousse, Shortbread, White Chocolate Crisp, Candy Floss, Honeycomb

Sticky Toffee (C) £6.50

Sticky Toffee Pudding, Caramel Ice Cream, Butterscotch Sauce, Toffee Popcorn

Ice Cream (GFA) £1.50 per scoop

Vanilla Ice Cream, Caramel Ice Cream, Banana & Butterscotch Ice Cream, Hazelnut Gelato, Lemon Sorbet, Mango & Passionfruit Sorbet

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DESSERT WINES

125ml Glass ½ Bottle

Quady Winery, Essensia, Orange Muscat, <i>California</i>	£6.00	£17.00
Quady Winery, Elysium, Black Muscat, <i>California</i>	£6.00	£17.00
Noble Riesling, Saint Clair, <i>New Zealand</i>	£12.50	£36.00

COFFEE

Filter/Decafe	£2.50
Latte	£3.00
Hot Chocolate	£3.00
Cream Floater	£3.50
Cappuccino	£3.00
Espresso	£2.00
Double Espresso	£2.50

LIQUEUR COFFEE

Irish (Irish Whiskey)	£5.00
Parisienne (Brandy)	£5.00
Calypso (Tia Maria)	£5.00
Highland (Scotch Whisky)	£5.00
Italian (Amaretto)	£5.00
Baileys Latte	£5.00
Seville (Cointreau)	£5.00
Skye (Drambuie)	£5.00
Russian (Vodka)	£5.00
Jamaican (TiaMaria & Rum)	£5.00

TEA

English Breakfast Tea	£2.50
Earl Grey	£2.50
Green Tea	£2.50
Peppermint	£2.50
Cranberry & Raspberry	£2.50
Camomile	£2.50

SOYA MILK AVAILABLE ON REQUEST

BRITISH CHEESE

Please Select From The Cheeses Below Served With Bread Crostini, Pickled Apple & Onion Chutney
(Can Also Be Served With Gluten Free Bread)
3 For £8.00, 5 For £11.00, Or £3.00 Each

Barbers 1833 Vintage Cheddar

This Cheese Represents The Achievement Of 6 Generations Of Cheese Making.
Matured For 24 Months, A Delicious Creamy Cheese With Both Savoury & Naturally Sweet Notes

Chatel

Named After The Cornish For Cattle, This Camembert Type Cheese Is Mild & Creamy With Delicate Milky Flavours. As It Matures, The Cheese Develops A Golden Straw-Coloured Body & Velvety Texture

Colston Basset Blue Stilton

Handmade Fine, Bark-Like Natural Rind & Ample Blue Veining.
World Cheese Awards 'Best Blue' 'Best Stilton' & Best English Cheese'. Put Simply, The Best Stilton In The World!

Oxford Blue

All Full Fat Semi-Soft Blue Cheese, Creamy & Sharp Clean Flavour, An English Rival To Gorgonzola & Dolcelatte

Rosary Herb Goat's Cheese

Produced By The Moody's Near Salisbury In Wiltshire, Fresh, Creamy Soft Cheese, Light Mousse-Like Texture.
Sprightly Lemon Taste With A Garlic & Herb Coating

Hawes Smoked Wensleydale

From The Last Producer In The Dale. Mild, Clean, Crisp & Crumbly. Delicately & Naturally Smoked

Stinking Bishop

Made In Gloucester From Cow's Milk & Washed With Pear Cider. This Is The English Answer To 'Epoisse',
Creamy In Texture But Full Flavoured

Red Devil

Silver Winner At The World Cheese Awards, Made By The Snowdonia Cheese Company,
Red Leicester With Chillies & Crushed Black Pepper

Caerphilly - Gorwydd

Traditionally Handmade By Trethowan's Dairy & Matured To Enhance The Lovely Full-Cream Texture With A
Distinctive Tangy Flavour. It Has A Creamy Outer Layer Near The Rind & A Crumbly Citrus Flavoured Centre

Mayfield Swiss

A Hand-Made Swiss-Style Cows' Milk Cheese. Made By Arthur Alsop & Nicholas Walker At Their East Sussex
Creamery, A Fruity, Nutty Flavoured Cheese

PORTS

	50ml	Bottle
Quady Winery, <i>California</i> , 'Starboard' Batch 88	£3.00	£35.00
Barros Late Bottle 2009 Vintage	£3.50	£45.00
Barros 10 Year Old Tawny	£4.00	
Barros 1995 Vintage	£7.00	
Quady Winery, <i>California</i> , 'Starboard' 1996 Vintage	£4.00	
Barros 1978 Vintage 'Colheita' (Tawny Port from a Single Vintage)	£10.00	

COGNAC & BRANDY

Leyrat Glory Extra	£29.00
Hennessy XO	£12.50
Chateaux du Tariquet Armagnac XO	£5.00
Hine Rare VSOP	£4.50
Somerset Cider Brandy 15yo	£4.50
Remy Martin VSOP	£3.80
Janneau Armagnac VSOP	£3.60
Somerset Cider Brandy 5yo	£3.00
Courvoisier VS	£2.80

R U M

Deadhead – 6yo	£5.50
Plantation XO Barbados 20 th An.	£4.50
Angostura 1919 – 8yo	£3.50
The Kraken Black Spiced	£2.70
Sailor Jerry Spiced	£2.50
Captain Morgan Spiced	£2.50
Captain Morgan Original	£2.50
Mount Gay Eclipse	£2.50

G I N

Monkey 47 Black Forest Dry	£5.20
Four Pillars Bloody Shiraz	£4.50
Williams Chase Elegant Crisp	£4.00
Hendricks	£4.00
Masons Dry Yorkshire	£4.00
Slingsby Rhubarb	£4.00
Williams Chase Pink Grapefruit	£4.00
Gin Mare	£4.00
Boutique-y Gin Spit-Roasted Pineapple	£4.00
Wrecking Coast Cornish Clotted Cream	£4.00
Hepple	£3.70
Daffy’s Small Batch Premium	£3.70
Silent Pool - Alberly Estate Surrey Hills	£3.70
Tarquin’s Handcrafted Cornish	£3.70
The Botanist Islay Dry	£3.50
Brockman’s Intensely Smooth	£3.50
Sipsmith London Dry	£3.50
Poetic License Picnic Gin	£3.50
Little Bird London Dry	£3.50
Bloom London Dry	£3.50
Pinkster (Hint of Raspberry)	£3.50
Tanqueray No. 10	£3.50
Bathtub (Ultra-Small Batch)	£3.50
Caorunn Small Batch	£3.00
Warner Edwards Elderflower	£3.00
Plymouth Sloe	£3.00
Whitley Neill London Dry	£2.70
Blackwoods 2012 Vintage Dry	£2.70
Bombay Sapphire	£2.70
Gordons	£2.50

V O D K A

Crystal Head	£4.20
Belvedere	£3.60
Grey Goose	£3.60
Chase English Oak Smoked	£3.60
Smirnoff	£2.50

W H I S K (E) Y

Johnnie Walker Blue Label
Glen Scotia 18yo
Chivas Regal 18yo
Springbank 15yo
Nikka From The Barrel
Lagavulin 16yo
Dalmore 15yo
Willett’s Pot Still Reserve
Woodford Reserve
Jack Daniels Single Barrel
Hakushu Distiller’s Reserve
Glengoyne 15yo
Oban 14yo
Auchentoshan Three Wood
Glennfiddich IPA Cask Finish NV
Haig Club NV
Glenfarclas 15yo
Caol Ila 12yo
Big Peat
Dalwhinnie 15yo
Ardbeg 10yo
The Macallan Gold NV
The Balvenie 12yo
Bowmore 12yo
The Singleton 12yo
Glenfiddich 12yo
Ledaig 10yo
Glenkinchie 12yo
Highland Park 12yo
Smokehead NV
The English Whisky Co. - Classic
Talisker 10yo
The Pogues – West Cork Dist.
Knockando 12yo
Fettercairn Fasque NV
The One – The Lakes Distillery
Glenmorganie The Orginal10yo
Old Pluteney 12yo
Jura Origin 10yo
Johnnie Walker Black Label
Monkey Shoulder Batch 27
Buffalo Trace
Jack Daniels Honey
Jameson’s
Famous Grouse
Jack Daniels

Blended	£15.00
Campbeltown	£7.20
Blended	£5.70
Campbeltown	£5.50
Japanese	£5.20
Islay	£5.20
Highland	£5.20
Bourbon	£5.20
Bourbon	£5.00
Sour Mash	£4.60
Japanese	£4.60
Highland	£4.60
Highland	£4.60
Lowland	£4.50
Speyside	£4.50
Lowland	£4.50
Highland	£4.50
Islay	£4.50
Blended Islay	£4.00
Highland	£4.00
Islay	£4.00
Highland	£4.00
Speyside	£3.80
Islay	£3.80
Speyside	£3.80
Speyside	£3.80
Island	£3.80
Lowland	£3.80
Island	£3.80
Islay	£3.70
English	£3.70
Island	£3.70
Irish	£3.70
Speyside	£3.70
Highland	£3.50
Blended	£3.50
Highland	£3.30
Highland	£3.30
Island	£3.30
Blended	£3.30
Blended	£3.00
Bourbon	£3.00
Sour Mash	£2.70
Irish	£2.70
Blended	£2.70
Sour Mash	£2.70

L I Q U E R S

Grande Absente	£4.20
Olmecca Gold Tequila	£3.00
El Espolòn Blanco Tequila	£3.00
Sambuca	£3.00
Raspberry Sambuca	£3.00
Jägermeister	£3.00
Firefly Apple Pie Moonshine	£2.50
Archers	£2.70
Malibu	£2.70
Grand Marnier	£3.00
Drambuie	£3.00
Maple Syrup & Bourbon Liqueur	£3.30
Baileys (50ml)	£3.30
Cointreau	£3.00
Southern Comfort	£2.70
Disaronno Amaretto	£2.70
Tia Maria	£2.70

